

## Patrick Montgomery, DC, MS, LCP, FASA, FICC

### Bio

Dr. Patrick Montgomery was a January, 1976 graduate of Logan College of Chiropractic, where he earned a B.S. in Human Biology and the Doctor of Chiropractic degree. He received his Masters of Science in Clinical Nutrition at Logan University in April 2015, Summa Cum Laude and Valedictorian. He has completed the Masters Course in the Conservative Management of Scoliosis, from ISICO (Italian Scientific Spine Institute), of Milan, Italy, graduating Excellent. In 1989, he earned and was awarded a Fellow of the Acupuncture Society of America (FASA). In 2023, he earned an LCP: Legion of Chiropractic Philosophers certification. He is a full Professor of Chiropractic History, Philosophy and Technique and Clinical Nutrition at Logan University. He teaches and has taught Logan Basic Technique I, II, III and IV, Chiropractic History, Chiropractic Philosophy IV, Clinical Endocrinology, and Clinical Nutrition. While at Logan he has also taught Athletic Injuries, Physical Diagnosis, Clinical Reasoning, and Marketing for the Chiropractic Practice. He has served in the Chiropractic Science Division, Clinical Science Division, Undergraduate Division, the Post-Graduate Division, and has served as a supervising clinician for the Student and Outpatient Health Centers and special events. He has been in private practice, either full time or part time since graduating, retiring from private practice after 47 years. He has held licenses in Missouri, Georgia, Florida, and California. In California, he operated a multidisciplinary clinic in San Jose, CA. Dr. Montgomery joined the faculty at Palmer College of Chiropractic-West in 1981 and served as Chair of the Chiropractic Philosophy and Practice Department until 1984. He taught part time at PCCW until 1989. While on Faculty at PCCW, he created and taught all courses in the Core Curriculum of Chiropractic Technique, Spinal Biophysics, Physical Diagnosis, Pediatric Chiropractic, served as supervising clinician at the PCCW outpatient clinic and as well as the Radiology Clinician. During his tenure as Chair of Technique at PCCW, he created the PCCW Chiropractic Adjusting Technique Textbook. He has been a lecturer in the Post-Graduate Division of Palmer-West, Life Chiropractic-West and Logan University, lecturing on Logan Basic Technique, Chiropractic Pediatrics and Chiropractic Philosophy. He is an adjunct Professor at D'Youville University where he lectures on the Historical Basis of Chiropractic. He has lectured for continuing education seminars at Local, State, National, and International Conferences, in Boundary Training, Physical Diagnosis, Chiropractic History, Conservative Management of Scoliosis, and Logan Basic Technique, including LBT for Pregnant Women, Infants and Children, and the Conservative Management of Scoliosis Syndrome.

In 1984, he chaired the First Conference on Current Topics in Chiropractic: Reviews of the Literature, hosted by Palmer-West. He has written numerous chiropractic historical papers that have been published in Chiropractic History - The Journal of the Association for the History of Chiropractic and Chiropractic Journal of Australia. He has published

research studies of Logan Basic Technique in the Journal of Chiropractic Education and has presented this research at the ACC-RAC Conference. He serves on the Academic Advisory Board of the Academy of Family Chiropractic. Dr. Montgomery has also served as President of the Santa Clara County Chiropractic Society and served as a member of the Board of Directors of the California Chiropractic Association. He also has served as President and Vice-President of District 1 of the Missouri State Chiropractors Association and as President of the Missouri State Chiropractors Association (2012-2014) and is the Historian of the Missouri State Chiropractors Association (Now, the Missouri Chiropractic Physicians Association). He is the Past-President of the Association for the History of Chiropractic as well as a manuscript reviewer for Chiropractic History. At the AHC, Dr. Montgomery has served as President, 1st Vice-President, 2nd Vice-President, and Director.

He is a contributing author to the textbook, *Pediatric Chiropractic*, 2nd Edition and 3rd Edition, by Anrig and Plaughter and to the *Conservative Management of Sports Injuries*, 2nd Edition, by Hyde and Gengenbach. He is the Editor of the text: *The History of Sports Chiropractic*, by Stephen Press and the Editor and co-author of the *Textbook of Logan Basic Methods*, 4th ed. He is the Editor of *The AHC Bulletin*, the newsletter for the *Association for the History of Chiropractic* (2010-2016) (2019-Present). He was a member of the Sports Medicine Network of United States Swimming (1986-2002).

He is a member the Missouri Chiropractic Physicians Association, the American Chiropractic Association, the ACA Council on Pediatrics, the ACA Council on Nutrition, the ACA Council on Women's Health (currently serving as Secretary), the ICA Council on Philosophy, the International Chiropractic Pediatric Association, and the Faculty American Chiropractic Association (served as President (2015-2019) and Secretary (2019-2023)). He was a founding member of the Chi Rho Sigma Chiropractic Professional Fraternity, Beta Chapter and is a member and faculty advisor to the Pi Kappa Chi Chiropractic Professional Fraternity and the Logan Chapter of the Student American Chiropractic Association (SACA). While in California, Dr. Montgomery earned certification as an Industrial Disability Evaluator (IDE) and was named a Qualified Medical Evaluator (QME) by the State of California in 1996. He received the Distinguished Service Award from Council on Technique from the American Chiropractic Association in 1982, the Distinguished Service Award by the California Chiropractic Association (2000), and the Distinguished Service Award from the Logan College Alumni Association in 2012. He has been awarded Academician of the Year by the American Chiropractic Association in 2016 and Educator of the Year by the Missouri State Chiropractors Association/Missouri Chiropractic Physicians Association, in 2016. In April, 2019, April, 2022, and Dec, 2022, Dr. Montgomery was awarded the Hugh B. Logan Outstanding Faculty Award. In Sept, 2022, he was awarded the Outstanding Pre-Clinical Faculty Award. He has served on the House of Delegates of the American Chiropractic Association (2015-2019). In 2018, he was inducted as a Fellow of the International College of Chiropractors (FICC). In 2023, he is a founding member and is

serving as the first President Elect, of the Logan Chapter of the Phi Kappa Phi Honorary Professional Fraternity (2023).

#### Presentations and Publications:

1. Poster Presentation, World Federation of Chiropractic: "When was the First Chiropractic Research Paper? Composing the Timeline of Chiropractic's Scientific Evolution." Berlin, Germany, 2019
2. Presentation: 33rd Annual Conference of the AHC: The History of the National Board of Chiropractic Examiners: A Dream Fulfilled. June 2013.
3. Presentation: 32nd Annual Conference of the Association for the History of Chiropractic: "Henry C. Harring, DC, PhC, MD, ND and The Missouri Chiropractic College," March 2, 3, 2012.
4. Platform Presentation. A Pilot Study of the Effects of Logan Basic Technique Adjusting on Heart Rate and Heart Rate Variability John Zhang and Patrick Montgomery
5. Platform Presentation. A Pilot Study of the Effects of Logan Basic Technique Adjusting on Heart Rate and Heart Rate Variability John Zhang and Patrick Montgomery. ABSTRACTS OF ACC CONFERENCE PROCEEDINGS. Journal of Chiropractic Education: Spring 2011, Vol. 25, No. 1, pp. 59-68.
6. Effects of Low-Force Chiropractic Adjustments on 24-Hour Heart Rate Variability and Low Back Pain John Zhang, Patrick Montgomery, and Rodger Tepe
7. Poster Presentation. Effects of Low-Force Chiropractic Adjustments on 24-Hour Heart Rate Variability and Low Back Pain  
John Zhang, Patrick Montgomery, and Rodger Tepe. ABSTRACTS OF ACC CONFERENCE PROCEEDINGS. Journal of Chiropractic Education: Spring 2011, Vol. 25, No. 1, pp. 59-68.
8. Effect of Logan Basic Technique on Blood Pressure and Pulse Rate in a Student Population Brian Snyder, Pat Montgomery, and John Zhang
9. Poster Presentation. Effect of Logan Basic Technique on Blood Pressure and Pulse Rate in a Student Population. Brian Snyder, Pat Montgomery, and John Zhang. ABSTRACTS OF ACC CONFERENCE PROCEEDINGS. Journal of Chiropractic Education: Spring 2007, Vol. 21, No. 1, pp. 37-43.
10. Poster Presentation: ACC-RAC Conference, 2011, "Logan Basic Technique and low back pain."
11. 31st Annual Conference of the Association for the History of Chiropractic, "The Maturation of the Chiropractic College Experience, the Fraternities and Sororities, A Series, CHI RHO SIGMA," 2011.
12. 30th Annual Conference of the Association for the History of Chiropractic, "The Three Logan Associations," 2010.
13. 30th Annual Conference of the Association for the History of Chiropractic, "The History of Full Spine X-Ray Imaging," 2010.

14. 29th Annual Conference of the Association for the History of Chiropractic, "William N. Coggins, D.C.: The Winds of Change," 2009.
15. 28th Annual Conference of the Association for the History of Chiropractic, "Carver Chiropractic College: The Beginning of the Structural Approach to Chiropractic," 2008.
16. 28th Annual Conference of the Association for the History of Chiropractic, "Beatrice B. Hagen, D.C., The Lady in Charge," 2008.
17. 27th Annual Conference of the Association for the History of Chiropractic, "From Occult to Chiropractic Psychiatry, Francis I. Regardie, D.C.," 2007.
18. 27th Annual Conference of the Association for the History of Chiropractic, "Chiropractor, Surgeon and Independent Thinker," John C. Hubbard, DC, MD, DPH, FICC, 2007.
19. Paper. Chiropractic History, The Archives and Journal of the Association for the History of Chiropractic, "Logan Basic College in the Era of Vinton Logan," 2006.
20. 26th Annual Conference of the Association for the History of Chiropractic.
20. 14th Annual Conference on the Biomechanics of the Spine, "Treatment of Multiple Sclerosis by Low Force Chiropractic Methods," 1985