

# Summer 2024 Academic Learning Workshops

On-ground workshops are held in CGUS, upstairs in *Suite 220*.

## Welcome to the Academic Learning Center:

**Week 1: 7/17<sup>th</sup> WED at 5:00-6:00pm**

We are super excited to rebrand the Academic Learning Center to the Life University student population and what better way to kick off the quarter than a workshop re-introducing the Academic Learning Center. This interactive workshop will go over all the services that are offered at the ALC. We will show and discuss with you how to use Accudemia, how to sign in for a PAL session, what are PALS?, explain who all the ALC staff are and what their roles are, how to utilize Peardeck (Formerly TutorMe), provide a tour, and much more!

## Time Management Workshop

**Week 2: 7/24<sup>th</sup> WED at 5:00-6:00 PM**

Ready to take your quarter to the next level? Join us in building a practical schedule and dynamic management system, tailored to help you maximize your potential and make your time work for you! During this workshop, we will evaluate how we spend 168 hours a week and explore effective strategies to alleviate stress and enhance your productivity. Don't miss out on this opportunity to take control of your semester! It is recommended to bring a printed version of your course syllabi for the workshop activity.

## Studying for Success:

**Week 7: 8/28 WED at 5:00-6:00pm:**

This workshop is designed to look at various ways to approach studying that can be utilized in every class. The focal point of this workshop is to show how to organize information, such as through a variety of note-taking methods so that it can be moved from short term to long term memory and to study smarter.

## **Online Workshops via BB collaborate AS101: Academic Learning Center**

**Click on *Online Meeting Room* for Workshops : These will all be recorded and accessible through Bb AS101:Academic Learning Center**

## APA Formatting

**Week 5: 8/14 WED 5:00-6:00 PM**

In this workshop we're heading into the world of APA formatting. This citation style, used commonly in science writing, is easier than it seems. Really! But you've got to learn it somewhere, and where better than with the ALC? We'll get into general paper formatting, how to set up a reference page, what to put in an in-text citation, and much more. This short and informative workshop is essential for those new to APA and those who need a reminder.

On ground facilitated by:

Brianna Beaty: Assistant Director [Brianna.beaty@life.edu](mailto:Brianna.beaty@life.edu)

or Valarie Holt: Student Success Coach [Valarie.holt@life.edu](mailto:Valarie.holt@life.edu)

Virtual facilitated by: Shannon Geary: Academic Writing Specialist [shannon.geary@life.edu](mailto:shannon.geary@life.edu)

